



**KITS FAMILY DENTAL**  
Healthy, Beautiful Smiles, Start Here!

## **PARENT GUIDELINES**

Dear Parents,

You may choose whether or not you accompany your child to his/her filling appointment. Although we sense that some children do better without parents present, we are open to having you with your child. If you choose to be present, we suggest the following guidelines to improve chances of a positive outcome:

1. Allow us to prepare your child.
2. Be supportive of the practice's terminology.

### AVOID USING

Needle or shot  
Drill  
Drill on tooth  
Pull or yank tooth  
Decay, cavity  
Examination  
Tooth cleaning  
Explorer  
Rubber dam

### OUR EQUIVALENT

Sleepy juice  
Whistle or instrument  
Cleaning a tooth, buzzing  
Wiggle a tooth  
Sugar bug  
Count teeth  
Tickle teeth  
Toothpick  
Raincoat

3. Please be a silent observer – support your child with touches:
  - a. This allows us to maintain communication with your child.
  - b. Children will normally listen to their parents instead of us and may not hear our guidance.
  - c. You might give incorrect or misleading information.
4. If asked to leave, be ready to immediately walk away:
  - a. Many children will try to control the situation.
  - b. “Action out” is normal, but unacceptable during fillings.
  - c. This is intended to “short circuit” the control attempt.
  - d. We will continue to support your child at all times.

These are very important ways that you can actively help in the success of your child's visit. We are confident that all will go well and hope these guidelines will help prepare you with confidence for the upcoming appointment.

Sincerely,

Kits Family Dental